

# NEWS BRIEFS

Various news bits from Muslim Communities in North America ,Europe and other Parts of the world *Submitted by our Team of Local ,National and International Correspondents*

## Project Update

In the last issue of Al-Haqq it was reported that the quotations from the architectural companies had been received by the IHS, and all were much higher than what was budgeted. The Executive Committee then requested the designer, Dr. Fatima Jahanmiri, to draw up a slightly smaller centre. The new design is expected to be a total of 15,000 square feet on the two levels, or 7500 sq. ft. on each floor. Once the design is completed it will be then submitted to the selected architect to be prepared in compliance with Canadian requirements, and then to the construction companies who will be able to bid on the project.

Donations are being accepted, in addition to the utilization of Khums Sahme Imam, according to the permission of most leading Mara'ja.

For the donors in UK and Europe  
**Al Murtaza Islamic Foundation.**  
Attn:IHS Building Project

24 Bracknell close. Luton Bedfordshire Lu4 0TL. UK

For the donors in USA

**Comfort Aid International**  
Attn: IHS Building Project

3415 West Lake Mary Blvd #954152  
Lake Mary FL 32795 USA



Islamic Humanitarian Service

## IHS Annual General Meeting

Members of the *Islamic Humanitarian Service* will be gathering in Kitchener in the middle of June to convene the Annual General Meeting of the organization. In compliance with the Constitution, members will be receiving the reports from the various divisions, discussing the Minutes and Financial Statements from the previous year, and make plans for the current and future year. The date announced is Saturday June 13, 2015.

## Youth Employment Opportunity

A number of youths will be employed by the IHS during the summer time, July-August 2015, for various tasks around the IHS Centre. Those interested are invited to submit their resumes, along with any references to the IHS Office on Hollinger Crescent, or by email at [ihs786@muslimyouth.ca](mailto:ihs786@muslimyouth.ca).

Opportunities include Camp Leaders, Office Clerks, Preparing and Compiling Newsletter, Filing, and other tasks.



## Conferences & Seminars

A number of esteemed gatherings were held by the community in various parts of the world. The following are ones for which Al-Haqq received information, or the IHS participated in:

### Reverts Conference: March 12-14, 2015

Speakers, guests, and members of the Revert Muslim Association (RMA) gathered in the western Toronto city of Brampton in the middle of March for their annual Conference.

**A conference for New Muslims, Born Muslims, All Muslims**  
Diverse panel of scholars, educators and community workers, including:

**Theme: Will anyone hear our call? be prepared to be enlightened**

**Speakers:** SHAYKH DR. SHOMALI (UNITED KINGDOM), SHAYKH SHAFIQ HUDA (CANADA), SHAYKH ZAID ALSALAMI (AUSTRALIA), SHAYKH DR. MOKHTARI (U.S. IRAN), SISTER AMINA INLOES (UNITED STATES)

**LIVE QALPA CALL FROM:** Dr. Shomali, Dr. Mokhtari, Sister Amina Inloes

**Weekend-long event**  
• Interactive Workshops/Lectures  
• Vendors, books for sale  
• Entertainment

**MARCH 12-14, 2015**

**www.revertmuslims.com**  
7500 Kennedy Road South, Brampton, ON L6W 0A1

Courtesy of [www.revertmuslims.com](http://www.revertmuslims.com)



### Imam Khumayni Conference: May 31, 2015

Hujjatul Islam Shaykh Muhammad Ali Shomali hosted speakers from three different continents, and participants from all over England at the annual Imam Khumayni Conference at the Islamic Centre of England, located in London, UK. The theme of the current years gather was “Building an Honourable Community” for Imam Mahdi (AS).

The theme was based on the section contained in Dua Iftitah, wherein believers beseech Allah Almighty to grant us an ‘honourable community’ alongside the Awaited Imam (AS). The speakers included Hujjatul Islam Shaykh Dr. Shomali, Shaykh Shafiq Huda, Shaykh Zaid Alsalmi, Shaykh Dr. Mokhtari and Sr. Amina Inloes

**IMAM KHOMEINI CONFERENCE 2015**

**BUILDING AN HONOURABLE COMMUNITY FOR THE MAHDI (AS)**

**Speakers:** SHAYKH DR. SHOMALI (UNITED KINGDOM), SHAYKH SHAFIQ HUDA (CANADA), SHAYKH ZAID ALSALAMI (AUSTRALIA), SHAYKH DR. MOKHTARI (U.S. IRAN), SISTER AMINA INLOES (UNITED STATES)

**SUNDAY 31ST MAY 2015, 1PM - 5PM**  
VENUE: ISLAMIC CENTRE OF ENGLAND, 140 MAIDA VALE, LONDON, W9 10B

**AHLULBAYT ISLAMIC MISSION (AIM) ISLAMIC CENTRE OF ENGLAND (ICE)**  
FOR MORE INFORMATION, CALL 020 7604 5500

Courtesy of [www.ic-el.com](http://www.ic-el.com)

### Science & Technology Conference: February 12-14, 2015

Ministers of Science and Technology, Foreign Ministers, and special delegates gathered in the Islamic Republic of Iran in the middle of February 2015 to participate in the Non-Aligned Movement’s (NAM) science and technology conference. Participants were introduced to the various new advancements in the technological field at the Conference, which was held on February 22-24, in the capital city of Tehran.



## Leadership Seminar by IHS Africa Horn

Br. Hashim Ali Okera, head of the *Islamic Humanitarian Service's* Horn of Africa division, convened a seminar on Leadership in Islam, in February, 2015. Delegates, making up the various Islamic Shia centres around Ethiopia, attended the two day gathering, held at the residence of Br. Hashim that also serves as the Islamic Centre there. Shaykh Shafiq Hudda conducted the seminar, giving those attending plenty of time to ask relevant questions. Discussion also took place on the topic of Imamah, and how it is an important part of the Holy Prophet Muhammad's (SAW) succession to safeguard Islamic teachings.

Following the seminar, Br. Hashim Ali presented appreciation tokens to the various workers serving the community in the surrounding areas. Places where the IHS has been sponsoring weekly religious activities include Addis Ababa, Dire Dawa, Djibouti, and Mogadishu.



Br. Hashim Ali presented appreciation tokens to the various workers



## H & S Foundation Walk

IHS Director Br. Sultan Hudda will be leading a group of IHS members for the annual Heart & Stroke Foundation walk that is to be held during the middle weekend of June. In the past, IHS Office staff Sr. Shama Murtaza and Sr. Duaa Al-Aghar have participated in the walk, which raises funds for the Foundation and research.

## Multicultural Festival

Numerous cultural associations will be coming together in Kitchener's largest park for the annual Multicultural Festival near the end of June. Dozens of faith, culture, food, and information based groups will be invited to rent a stall at Victoria Park, under the auspices of the *Kitchener Waterloo Multicultural Association*. Ms. Bardish Chaggar, head of the Festival, informed *Al-Haqq* that she is looking forward to the upcoming event, which brings the various groups participating closer together. As the festival is coinciding with the start of holy Ramadhan, many of the Halal restaurants may not get active Muslim participation as in the past.

## New Web Site of IHS

Readers of *Al-Haqq* are informed of the new web site of the Islamic Humanitarian Service, which is [www.al-haqq.net](http://www.al-haqq.net). The current one, [www.al-haqq.com](http://www.al-haqq.com), is still operational. For book orders, the site to visit is [www.ihsstore.ca](http://www.ihsstore.ca)

Readers in England and Europe who need Islamic religious literature are encouraged to visit the Al-Murtaza Foundation web site at:

[www.al-murtaza.com](http://www.al-murtaza.com)

إِنَّهُ مَنْ يَتَّقِ وَيَصْبِرْ فَإِنَّ اللَّهَ لَا يُضِيعُ أَجْرَ  
الْمُحْسِنِينَ

"Verily, he who has Taqwa, and is patient, then surely, Allah makes not the reward of the Muhsinun (good-doers) to be lost."

[Quran: Surah Yusuf, Verse 90]

## IHS Youth Delegate Visits Orphans

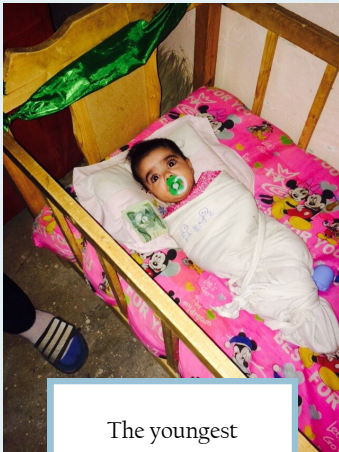
Br. Ali Marhon traveled to Iraq at the end of June on behalf of the *Islamic Humanitarian Service* to help Iraqi orphans who have been affected by recent events in the region. Following a family visit earlier in the spring to his parents homeland, teenager Ali felt the pain of the children there and felt he had to do something to help. Despite the heat, power outages regularly, and the safety issues, Ali still went ahead to go following the academic school year. At the time of this issue being printed, Ali was still in Iraq, visiting Baghdad, Karbala, Najaf, Samarra, and even Balad, which at one time was under Daeesh (ISIS) occupation, and send the IHS frequent photographs and reports of his trip.



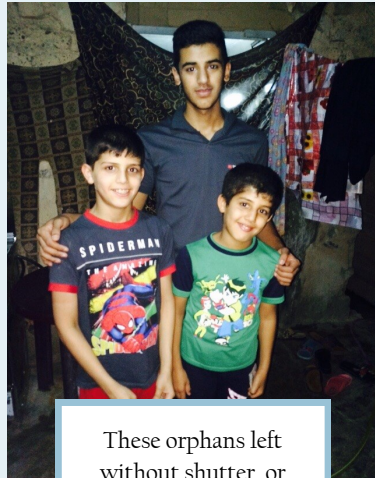
This picture for some of the martyrs in Balad City



Ali at the Al-Yateem Organization to obtain the names of the orphans



The youngest Orphans



These orphans left without shutter or food



One of the orphans who had a car accident after few months of his dad death and he is going through many surgeries now



# An Introduction to Ziyarat

By Saleem Bhimji

[This introduction has been extracted from the recent publication of the Islamic Publishing House ([www.al-mubini.org](http://www.al-mubini.org) / [www.iph.ca](http://www.iph.ca)) entitled *LOVE FOR THE FAMILY*. It will be available soon via PDF and Android APP for a nominal price.

Aside from the *ziyarat* of the previous Prophets and Messengers, the most important people whom we must make every effort to visit are none other than the Prophet Muhammad (peace be upon him and his family) and his purified progeny – the Ahlul Bayt – whom are directly referred to in the verse of the Qur'an found in chapter 42 (Suratul Shura), verse 23 in which the Noble Prophet (peace be upon him and his family) was ordered by Allah (Glory and Greatness be to Him) to proclaim that in return of his lifetime of challenges, grief and anxiety to convey the teachings of Islam, the Qur'an and all that we hold sacred - that he asks for no reward "...except love for the family...":

..قُلْ لَا أَسْأَلُكُمْ عَلَيْهِ أَجْرًا إِلَّا الْمَوَدَّةَ فِي الْقُرْبَىٰ..

Say: "No reward do I ask of you for this except the love of those near of kin."

Who are the "near of kin" of Prophet Muhammad 9? This is a question which many have inquired about.

In regards to the explanation of this verse, the famous Sunni scholar, Imam al-Tabarani, in his work, *Mu'jam al-Tabarani al-Kabir* quotes the following hadith:

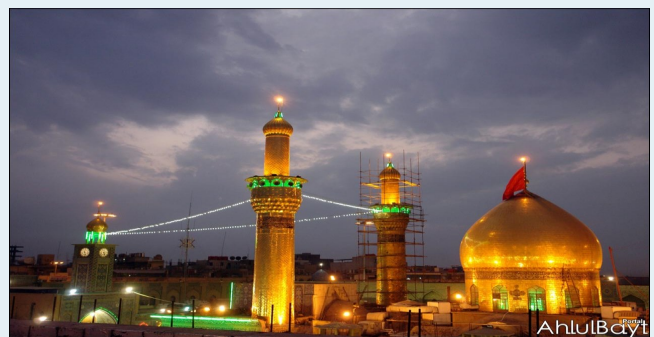
حدثنا محمد بن عبد الله ثنا حرب بن الحسن الطحان ثنا حسين الأشقر عن قيس بن الربيع عن الأعمش عن سعيد بن جبيرة عن ابن عباس رضي الله تعالى قالوا: يا عنهما قال: لما نزلت ( قُلْ لَا أَسْأَلُكُمْ عَلَيْهِ أَجْرًا إِلَّا الْمَوَدَّةَ فِي الْقُرْبَىٰ ) رسول الله ومن قرابتك هؤلاء الذين وجبت علينا مودتهم؟ قال علي وفاطمة وابناهما.

From Ibn Abbas, may Allah be pleased with them both, in which he said, "When the verse (Say: No reward do I ask of you for this except love for the near of kin) was revealed, we said: 'O Messenger of Allah! And who are 'the near of kin' – those upon whom having love for is an obligation? He (the Prophet 9) replied: "They are 'Ali, Fatima and their children.'"

In addition, the Sunni commentator of the Qur'an, al-Zamakshari, in his seminal work, *Tafsir al-Kashshaf* quotes the below hadith in relation to this verse:

مَنْ مَاتَ عَلَى حُبِّ آلِ مُحَمَّدٍ مَاتَ شَهِيدًا، أَلَا وَمَنْ مَاتَ عَلَى حُبِّ آلِ مُحَمَّدٍ مَاتَ مَغْفُورًا لَهُ، أَلَا وَمَنْ مَاتَ عَلَى حُبِّ آلِ مُحَمَّدٍ مَاتَ تَائِبًا، أَلَا وَمَنْ مَاتَ عَلَى حُبِّ آلِ مُحَمَّدٍ مَاتَ مُؤْمِنًا مُسْتَكْمِلَ الْإِيمَانِ، أَلَا وَمَنْ مَاتَ عَلَى حُبِّ آلِ مُحَمَّدٍ مَاتَ بِشَرِّهِ مَلُوكًا بِالْجَنَّةِ، ثُمَّ مُنْكَرٌ وَنَكِيرٌ، أَلَا وَمَنْ مَاتَ عَلَى حُبِّ آلِ مُحَمَّدٍ يَزِفُ إِلَى الْجَنَّةِ كَمَا تَزِفُ الْعُرُوسُ إِلَى بَيْتِ زَوْجِهَا، أَلَا وَمَنْ مَاتَ عَلَى حُبِّ آلِ مُحَمَّدٍ فُتِحَ لَهُ فِي قَبْرِهِ بَابَانِ إِلَى الْجَنَّةِ، أَلَا وَمَنْ مَاتَ عَلَى حُبِّ آلِ مُحَمَّدٍ جَعَلَ اللَّهُ قَبْرَهُ مَزَارًا مَلَائِكَةَ الرَّحْمَةِ، أَلَا وَمَنْ مَاتَ عَلَى حُبِّ آلِ مُحَمَّدٍ مَاتَ عَلَى السُّنَّةِ وَالْجَمَاعَةِ، أَلَا وَمَنْ مَاتَ عَلَى بُغْضِ آلِ مُحَمَّدٍ جَاءَ يَوْمَ الْقِيَامَةِ مَكْتُوبٌ بَيْنَ عَيْنَيْهِ: أَيْسَ مِنْ رَحْمَةِ اللَّهِ، أَلَا وَمَنْ مَاتَ عَلَى بُغْضِ آلِ مُحَمَّدٍ مَاتَ كَافِرًا، أَلَا وَمَنْ مَاتَ عَلَى بُغْضِ آلِ مُحَمَّدٍ لَمْ يَشْمُ رَائِحَةَ الْجَنَّةِ...

Indeed the one who dies while on the love for the family of Muhammad has died as a martyr (shaheed); and indeed the one who dies while on the love for the family of Muhammad has died being forgiven [of all of his sins]; and indeed the one who dies while on the love for the family of Muhammad has died as one who has turned back [to Allah in repentance]; indeed the one who dies while on the love for the family of Muhammad has died as a believer with his faith perfected; indeed the one who dies while on the love for the family of Muhammad has died as one who will be given the glad tidings by the Angel of Death for having attained Paradise and then [the angels] Munkir and Nakir; indeed the one who dies while on the love for the family of Muhammad will be escorted into Paradise just as a bride is escorted to the house of her husband; indeed the one who dies while on the love for the family of Muhammad will have two doors which lead towards Paradise opened in his grave; indeed the one who dies while on the love for the family of Muhammad will find that Allah will make his grave as a visiting spot for the Angels of Mercy; indeed the one who dies while on the love for the family of Muhammad has died on the path of the Sunnah and Jamaah; indeed the one who dies while harbouring hatred for the family of Muhammad will come on the Day of Resurrection with [the following words] written on his forehead, 'He is despondent from the Mercy of Allah' [and is thus forever prevented from entering Paradise]; indeed the one who dies while harbouring hatred for the family of Muhammad has died as a disbeliever (kafir); indeed the one who dies while harbouring hatred for the family of Muhammad will never smell the fragrance of Paradise..."



# MOJEZA (MIRACLE)

*Submitted by Mir Ahmed Ali Khan*

Allah created this universe to work on the principle of causes and effects. Every effect has at least one associated cause. It is this ubiquity of causes and effects that makes the existence of universal laws possible. The power to break the link between cause and effect is either with the Creator Himself or with those who have been authorized by Him to do so. An event that shows the break between the link of cause and effect is called a miracle or – in religious terminology – a “mojeza”.

Mojeza is one of the proofs of the truthfulness of Divine Guides appointed by Allah. This proof is so important that Qur'an goes to great lengths in mentioning several mojezas that were given to various nabis and rasools. Sulaiman could talk to animals, control Jinns, etc. The fire of Nymrod became cold and safe for Ibrahim. Eisa could give life to inanimate objects. Moosa could make his staff change into a python. And the list continues.

Sometimes events occur which appear like mojeza but are not. In the court of the Pharaoh, the magicians threw down their ropes and the ropes appeared to change into snakes. Then Moosa threw down his staff and swallowed all the snakes. Then Moosa's staff without any increase in its length turned back into the wooden staff without any increase in its length. The magicians knew it. Why else would they claim their faith in the Lord of

So how can one distinguish between a mojeza and an illusion? With knowledge and thought, of course. Pondering upon the incident of Moosa and the magicians raises a question. There were several – may be hundreds – of people in the Pharaoh's court who witnessed this incident. Why did it that only the magicians accepted Moosa's truthfulness? Why was it that only the magicians realized they had witnessed a mojeza? What was different between them and the other people in the court? The difference was knowledge. To become magicians, they had acquired knowledge. This knowledge made them realize that what Moosa had done went against the natural order of things. They probably knew, as we know now, that the matter-energy content of the universe is constant and that matter cannot be created or destroyed. But they had seen matter, i.e., their ropes, being destroyed out of existence. And they realized that only the Creator had the power to do this.

As we can see from above, pondering over a mojeza can be mind-expanding. We have also seen that mojezas are important and that Allah bestowed mojezas on His Divine Guides, i.e. nabi, rasool, wali and imams. But I have noticed that these days, majority of the speakers from the pulpit seem to avoid talking about mojezas. This has come as a surprise to me and I have even directly questioned some of them. The invariable reply I get is something like this: “Our youth are growing up in a materialistic society and they would have a hard time understanding mojezas”. I don't believe this is true. In fact material knowledge, taken with the right attitude, is helpful in better comprehension of Islamic concepts (as will be illustrated later). Either way, it becomes doubly important that we relate the mojezas and make them understand. Else we are leaving dark for them a part of our faith and beliefs.

Two particular miracles that are often presented as hard to explain are the returning of the sun (rad-ush-shams) for Imam Ali and the coming down of a star (at the time of aqd of Lady Fatima). To start with, let us tackle the mojeza of radd-ush-shams.

The objections raised in relating this mojeza are as follows:

## AL-QUR'AN The Miracle of Miracles

### CHAPTER 1

**SAY: IF THE WHOLE OF MANKIND AND JINNS WERE TO GATHER TOGETHER** ﴿قُلْ لئن اجتمعت الإنس والجن﴾

**TO PRODUCE THE LIKE OF THIS QUR'AN,** ﴿عَلَّ أَنْ يَأْتُوا بِمِثْلِ هَذَا الْقُرْآنِ﴾

**THEY COULD NOT PRODUCE THE LIKE THEREOF,** ﴿لَنْ يَأْتُوا بِمِثْلِهِ﴾

**EVEN IF THEY BACKED UP EACH OTHER WITH HELP AND SUPPORT.** ﴿وَلَوْ كَانُ بَعْضُهُمْ لِبَعْضٍ ظَهِيرًا﴾

(HOLY QUR'AN 17:88) 1,2

In the court of the Pharaoh, the magicians threw down their ropes and the ropes appeared to change into snakes. This was illusion. Then Moosa threw down his staff and swallowed all the snakes. Then Moosa's staff without any increase in its length turned back into the wooden staff without any increase in its length. This was mojeza and even the magicians would they prostrate and prostrate before Moosa and Haroon?

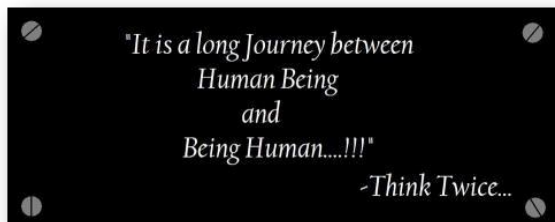
Between a mojeza and an illusion? course. Pondering upon the incident raises a question. There were several people in the Pharaoh's court who witnessed this incident. Why did it that only the magicians accepted Moosa's truthfulness? Why was it that only the magicians realized they had witnessed a mojeza? What was different between them and the other people in the court?

In the light of modern knowledge, “returning of the sun” is not the right terminology because it is the earth that goes round the sun and not vice versa. The response to this objection is simple enough. “Returning of the sun” is based on a terminology that was in force in the language of the time and could refer just to the visual effect and not the actual event.

If such a major event (i.e. return of the sun or reverse rotation of the earth) is such an enormous astronomical event that if that had happened, it would have been observed in other countries and there would be records of it found in other cultures but no such records have been yet found. Response to this objection can be two-fold. First, no records may have been found but that does not necessarily prove that no records exist. Secondly, why is it necessary for the event to have been observed universally? One of the implications of the theory of relativity is that there is no such thing as absolute time. So the creator of time could very well reverse the flow of time for a limited region of space.

So what about the mojeza about a star coming down to earth and then going back to space? How is physically possible when we know that stars (and even planets) are humongous and coming of one such spatial body close to earth would have been catastrophic. In response to this, I would like to paraphrase the wordings of a religious scholar, Maulana Abbas Razvi (late) of Bombay. In a speech he had stated that according to his research, the heavenly body that came to earth at the time of the aqd of Lady Fatima with Imam Ali was not a star but it was the planet Venus. At Allah’s command, the planet left its orbit started moving close to earth. As it approached earth, it proportionately lost its mass and volume. After performing its prescribed duty on earth, it went back to its original position in space, proportionately gaining the mass and volume it had originally lost.

In conclusion, narration of miracles of the Masoomeen is a praiseworthy act that can help us better understand our Leaders and better appreciate their closeness to Allah.



## Islamic Medicine

By: *Hasan Ghaznawi, M. D.*

◆ *DIABETES MELLITUS:*

This is due to insulin deficiency. Overeating gets the special cells of the pancreas (islets of Langerhans) overworked so it cannot meet the increased demand for insulin. Those cells may get tired, atrophy and causes deficiency of insulin.

◆ *PARALYSIS, CORONARY HEART DISEASE & PREMATURE SENILITY:*

Their basic course is the narrowing of the coronary arteries. Paralysis is the natural result of blocking of an artery in the brain, should this happen in the heart Myocardial infection results. Premature senility is installed when majority of the arteries in the body get narrowed.

Slit in the form of cholesterol and triglycerides is deposited in the arteries. Over eating increases blood cholesterol levels. Pork and beef contain high cholesterol values while on the other hand birds have the least amount. Qur'an mentioned that birds meat is one of the specialties of Paradise.

Olive has been repeatedly mentioned in Qur'an, and statistics shows that heart attacks occur more in Northern Italy where they use butter and margarine for cooking than in



Southern Italy where olive oil is generally used.

Patients suffering from narrowing of the coronary artery usually develop the heart attack after a heavy meal.

## Hamilton couple married 54 years dies 24 hours apart

By Saphia Khambalia

On the morning of March 21, Ramzan Manek fought the shaking tremor in his hand and worked to dial the numbers on his phone. He was calling his wife.

It had been six years since my grandfather, 76, was diagnosed with Parkinson's disease. He had lost the ability to walk and was in a motorized wheelchair. He required 24-hour care at Macassa Lodge, but in this twice-daily conversation, he was strong and determined.

"Laila, it's Ramzan. Do you remember who I am? I'm your husband. I'm Ramzan."

He made that call morning and night, even though it broke his heart. My grandmother, Laila, 75, had Alzheimer's disease. She had stopped recognizing him some time ago. Laila was being cared for by her son, my uncle, in the home she and my grandfather used to share. With those phone calls, my grandfather made sure the one thing she would never forget was the love they shared. He wouldn't get the chance to make his evening call to her that day. Late that afternoon, his beloved Laila died. It was as though the air left his body. Within hours, he was being sustained by an oxygen tank.

The next morning, he was not strong enough to be taken to her funeral, which, in Muslim tradition, happens the day after someone dies. Instead, her body was brought to him so he could say goodbye.

We hadn't even finished burying my grandmother when my grandfather's medical team called to say "come quickly." Dozens of friends and family members rushed to see him.

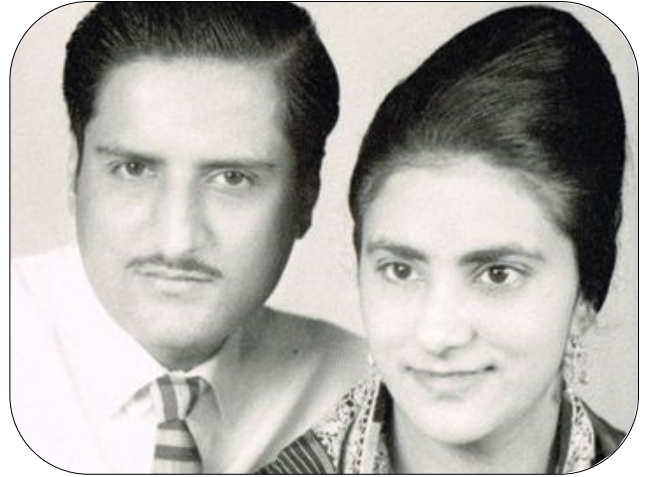
He died a few hours later.

The couple died 24 hours apart, after 54 years of marriage. They are buried side by side in a Stoney Creek Mountain cemetery, the two graves so close together that the divider doesn't show. A single, large tombstone is being prepared. She's on the left and he's on the right, the same way they lay in bed for the 50 years they shared a home.

After coming from East Africa as refugees, the Maneks were part of the Hamilton area for more than 40 years. They were among the large diaspora of South Asians threatened with death if they remained in Uganda in the 1970s under dictator Idi Amin. They were forced to abandon cars, bank accounts and treasured possessions. They faced looters at gunpoint and left the country with only a five-shilling note, equivalent to only a few cents in Canadian currency. My grandfather hid the money in a cigarette pack so they could buy milk for their newborn son.

Ramzan held odd jobs before joining the City of Hamilton, where he worked in the finance department for 25 years. Laila kept the household running and raised their three beautiful children. Together, they helped settle an entire community of South Asians to the area. These were the glory days of Pierre Elliot Trudeau, when the welcome gates were open to immigrants and a message of multiculturalism became the mainstay.

They took that to heart, building a mosque in the area and caring for it for the next three decades as chairman and chairwoman of the association. Ramzan served on the mayor's race relations committee in the 1990s and the Hamilton police diversity board in the early 2000s. The pair got involved in politics and organized large interfaith gatherings, trying to eradicate racial and religious tensions against Muslims of all stripes. Together, they were honoured by every level of government for their charitable endeavours and volunteer work, and were even asked to be in attendance to meet Charles, the Prince of Wales, when he visited Hamilton in 1996.





Apart from weekly Tiger-Cats games, which were my grandfather's favourite solo outing, Ramzan and Laila did everything side by side. Their tale is made even more amazing by the fact that they first met on their wedding night in 1960.



Yes, theirs is an incredible story of fate from a traditional arranged Indian marriage. When Ramzan's mother knocked on a house rumoured to have five beautiful daughters in a tiny village in Tanzania, it was 21-year-old Laila who answered the door..

"This is the girl for my son," his mother said right away, or so the story has been told over the years.

This spring, British scientists came out with a study saying it is possible to die of a broken heart after the passing of a loved one. We as a family can attest to that. Ramzan and Laila Manek committed to each other completely: mind, body and soul. So much so, that when she was ready to leave this world, he willed his body to do the same so they could finally be together again.

When we were at Ramzan's funeral, two people who didn't know one another came up to us with an unbelievable memory. They said my grandfather had made a promise to each of them many years before: "I want Laila to die before me so she doesn't have to shed a tear and suffer at my passing. Then, I will join her the next day, so she doesn't have to be alone."

He kept his promise to his beloved wife. We believe they are soulmates, who have been reunited. True love knows no limits. Remember that in your life today.

- See more at: <http://m.thespec.com/news-story/4606400-inseparable-in-life-couple-married-for-54-years-dies-24-hours-apart/>



## The Martyrdom Marwan Majid Al-Saadi

### Story

The Martyrdom Marwan from the city of Emara South of Iraq .He has been killed in Baiji during his response to protect the country against ISIS .The sad and sham part is that nobody from the governor level leaders of Iraqi government remember him or send condolences message to his family while they send a condolences message to the family of the Jordan pilot who has been killed by ISIS too.

From this newsletter I ask the Iraqi government to find the remains of Marwan and send it back to his family and support them and all the families of Martyrdoms who scarified themselves to protect this country .



Some of the martyrs who scarified their lives to protect their country Iraq



# Time to Lift Veil on Saudi Arabia's Hijacking of Islam

By Fintan O'Toole

Courtesy of <http://www.irishtimes.com/opinion/fintan-o-toole-time-to-lift-veil-on-saudi-arabia-s-hijacking-of-islam-1.2063268>



Saudi Arabia has spent \$100 billion in recent decades spreading an extremist ideology.

Imagine an attempt to ban the veneration of the Prophet Muhammad. Go further and imagine a plan to level his tomb in Medina, the second holiest site in Islam, dig up his remains and rebury them in a secret, unmarked grave. Go further again and imagine the actual, systematic destruction, in the early years of Islam, of the tombs of the major figures, including the prophet's closest relatives.

What lunatic would even imagine going to these extreme lengths to provoke, insult and enrage Muslims? Well, the House of Saud, rulers of Saudi Arabia and guardians of the extremist ideology that fuels much of today's Islamist terrorism, wouldn't just imagine them. It does them.

In all the official rhetoric about freedom of speech in the aftermath of the Charlie Hebdo massacre, it is notable that there are two words that apparently must not be spoken: Saudi Arabia. Yet it is impossible to understand what is happening now without grasping the fact that the mentality of the killers is not a weird aberration. It is shaped by an official cult propagated by a government western states are anxious to appease at almost any cost. Saudi Arabia has spent about \$100 billion in recent decades spreading an extremist ideology, a hybrid of Wahhabism and Salafism, two versions of an Islam supposedly "purified" of its "foreign" influences.

## **Saudi Largesse**

These are not ancient traditions. Wahhabism was born in the 18th century, Salafism in the 19th. And they are not "Islam" – Salafis and Wahhabis make up 3 per cent of Muslims. One of the more bizarre aspects of this ideology is that it involves attacks on things most Muslims regard as sacred. When western liberals wring their hands about giving offence to Muslims by depicting or representing the prophet, they miss the most important point. Cartoons in Charlie Hebdo are vastly less offensive to most Muslims than the destruction of early Islamic tombs by the Saudis. But of course self-appointed defenders of Islamic sensitivities, funded by Saudi largesse, won't tell you that.

In the last 20 years or so, the Saudis have destroyed hundreds of holy sites in Mecca to clear ground for the construction of hotels and shopping malls and around the Grand Mosque. Much of this is about money, of course, but the destruction is sanctioned by Wahhabi ideology and Saudi history. The Wahhabi sect regarded the veneration of sacred tombs as heretical.

The Wahhabis destroyed dozens of holy tombs in Mecca and Medina when they conquered those cities in 1806 and even attempted to level the prophet's tomb. They did the same when they reconquered the cities in 1925. This mania continues: just last year, a senior Saudi cleric prepared a detailed plan for the dismantling of the prophet's tomb. The followers of this ideology have continued to destroy sacred Islamic sites and tombs in Pakistan, Libya, Iraq, Syria and elsewhere.

## **Muslim Outrage**

How do most Muslims feel about this? Outraged of course. A large survey in 2012 of opinion among Muslims in Western Europe, west Africa and Malaysia found 75 per cent of respondents believed the veneration of the graves of Muslim "saints" (Ziyarah) was essential or desirable.

For the vast majority of Muslims the running story of sacrilege and provocation is not a few cartoons in secularist European newspapers, it is the Saudi iconoclastic assault on veneration of the prophet.

*To be continued in page 14*

## Chapel Hill shooting: Three young Muslims gunned down in North Carolina family home

Courtesy of <http://www.independent.co.uk/news/world/americas/chapel-hill-shooting-three-young-muslims-gunned-down-in-north-carolina-at-their-family-home-10037734.html>

A family of three young Muslims has been shot dead in their home in a quiet neighbourhood of North Carolina in the US. Police have named the victims as 23-year-old Deah Shaddy Barakat, his wife, Yusor Mohammad Abu-Salha, 21, and her sister, Razan Mohammad Abu-Salha, 19.

Officers were called to reports of gunshots at 5.11pm at an apartment block largely housing academics and young professionals on Summerwalk Circle in Chapel Hill.

The victims were found shot dead at the scene, while some residents described not even being aware there was an incident until police arrived. Sources told local WRAL News that all three had been shot in the head.

A 46-year-old man, named by police as Craig Stephen Hicks, has been arrested on suspicion of three counts of first-degree murder.

Hicks appeared Wednesday which he spoke that he understands and to confirm a statement.

District Judge said he would be a public defender and bond until a 4

Hicks described himself as an atheist on Facebook and posted regular images denigrating all religions. He handed himself

In a statement Wednesday

time), Chapel Hill Police said that a preliminary investigation suggested the crime was “motivated by an ongoing neighbour dispute over parking”.

But the women’s father, Dr Mohammad Abu-Salha, who has a psychiatry practice in Clayton, told the North Carolina News and Observer that he believed the shooting was based on the religion and culture of the victims.

"This was not a dispute over a parking space; this was a hate crime," he said. He went on to allege that Hicks had "picked on" his daughter and her husband "a couple times before."

"They were uncomfortable with him, but they did not know he would go this far," he said.

Police chief Chris Blue called the killing “senseless and tragic” and said the force’s “thoughts are with the families and friends of these young people who lost their lives so needlessly”.

He said: “We understand the concerns about the possibility that this was hate-motivated and we will exhaust every lead to determine if that is the case.”



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The shooting has been met with an outpouring of anger on social media, where people posting new pictures of the victims studying and playing basketball claimed they had been “murdered execution style”.

Some compared the incident to the Charlie Hebdo shootings in Paris, and others called on Barack Obama and senior religious figures to condemn the attacks.



An American football and basketball fan, Mr Barakat was believed to be a dental student at the University of North Carolina and volunteered with a charity providing emergency dental care to children in Palestine.

He regularly posted on Twitter, and wrote in January: “It’s so freaking sad to hear people saying we should ‘kill Jews’ or ‘kill Palestinians’. As if that’s going to solve anything.”

UNC officials said Mr Barakat and Yusor Abu-Salha got married less than two months ago, in late December. She had been planning to begin her own dental studies in Chapel Hill this autumn.

## Time to Lift Veil on Saudi Arabia’s Hijacking of Islam

By Fintan O’Toole

And yet we never hear about this when the question of “insulting” the prophet or disrespecting the sacred traditions of Islam is raised in Europe. Why? Money. The Saudis have vast amounts of it and use it to fund mosques, schools and Islamic cultural centres all over Europe. A hundred billion dollars buys you a lot of silence. And that silence engenders one of the great hypocrisies of our times: a cartoon of the prophet is a provocation that deserves death but the destruction of his tomb is a religious duty.

This hypocrisy is underwritten by a tacit understanding among western governments: don’t mention the Saudis. The house of Saud runs a vicious tyranny that, among other things, treats women as badly as apartheid South Africa treated blacks. While the Charlie Hebdo killers were going about their ultimate acts of censorship, the Saudi government was savagely lashing the blogger Raif Badawi for daring to promote public debate in his blog.

But the Saudis are “our” Islamist extremists and they’re sending us lots of cheap oil right now. So when we talk about not insulting Muslims, we ignore what most Muslims regard as most offensive. And when we talk about confronting the nihilistic bigotry of extremist Islamism, we ignore the government that is pumping it into our societies through its promotion of a cult that most Muslims reject. It is long past time for democracies to take offence.

Courtesy of <http://www.irishtimes.com/opinion/fintan-o-toole-time-to-lift-veil-on-saudi-arabia-s-hijacking-of-islam-1.2063268>

Courtesy of <http://www.newageislam.com/islam-and-politics/fintan-o-toole/time-to-lift-veil-on-saudi->



## Valentine Day and the Islamic perspective

(Abida Rahmani, Chicago)

Valentine Day is around the corner, it would be celebrated on Feb 14th. The stores are flooded with Valentine day's gifts. The main symbol is a red heart, a heart full of love full of blood and full of warmth. Love is the most loveable, warmest experience of this world. This Valentine day was in a cold storage in Europe and Rome for centuries where it originally generated but it went on a popularity and height of elevation when the USA adopted it. Like all the other traditions now the whole world follows it blindly.

Even in the countries like Pakistan, India or south

Asia we were not aware of this tradition at all almost two three decades ago. It is celebrated with much more enthusiasm and fanfare now. It is considered a lovers day all around the world. Many plan their special occasions, engagements, and weddings especially taking place on that particular day.

These days are marketing days. The marketing agencies have made these a lot more attractive and lucrative with launching new and attractive products. Red roses especially, other red flowers, candies, cards, stuffed teddy bears, strawberries (being red and heart shaped) are in great demands for the valentine day. The common slogan is, Be my valentine.

This year it is estimated that about \$16 billion would be spent on Valentine day gifts, cards and flowers. The more you spend the more economy flourishes.

### **According to Islam:**

Is there any harm in love? Is love the most dangerous and lethal thing in this world? No not at all. Islam respects Love and affinity as the entire humans do on this earth. The only problem is that Islam only believes in legitimate love and relationships. Love between two spouses, between family members, between blood relations, between good friends. We very well know who these relations are with whom we can express our love. There are no special days in particular to show our love. We can show our love 24/7 to our ties.

Allah says in the Qur'an: "And among His signs is that He created for you mates from among yourselves, that you may dwell in tranquility with them and He has put love and mercy between your (hearts). Verily in that are signs for those who reflect." [Ar Room 30:21] The key words in the verse are - Mawaddatan wa Rahmah - which translates as Love and Mercy. The interesting thing to note about this verse is to notice the location of this verse along with the verses that precede it and those that come after. Allah mentions His Signs (Night/Day, Heaven/Earth, and Man/Woman) and He puts the feeling of Love and Mercy between spouses in the same value as the creation of Heaven & Earth. Now then how can we ignore such a great Sign of Allah?

The Prophet (PBUH) once said about Khadija (AS), "I was verily filled with love for her." This is how expressive our Prophet was, when he talked of love for his wife. However, today we find that many of us are shy to express our love. In fact, many consider it a sign of weakness to say "I love so and so" and they consider it a blow to their pride to tell their spouse, "I love you". But the Messenger (saw) was not shy to express his love of his wife. And notice that he didn't simply say, "I love her", but he said, "I was filled with love for her".

There is no such thing as love being forbidden in Islam, which encourages Muslims to love each other for the sake of Allah and express your love to your brother, but of course there are limitation to this, let us see Concept of Love in Islam Love is that beautiful feeling Allah (SWT) puts in the heart of a sincere, pious and god fearing couple at the time of their nikah. And this is a serious, long-term relationship in which both individuals are content and comfortable with one another.



## Pagan origins of Valentine's Day

The first information about this day is found in pre-Christian Rome, when pagans would celebrate the "Feast of the Wolf" on February 15, also known as the Feast of Lupercalia in honour of Februata Juno, the Roman goddess of women and marriage, and Pan, Roman god of nature. On this day, young women would place their names in an urn, from which boys would randomly draw to discover their sexual companion for the day, the year, and sometimes the rest of their lives. These partners exchanged gifts as a sign of affection, and often married.

### Christian Influence:

When Christianity came onto the scene in Rome, it wanted to replace this feast with something more in line with its ethics and morality. A number of Christians decided to use February 14 for this purpose. This was when the Italian Bishop Valentine was executed by the Roman Emperor Claudius II for conducting secret marriages of military men in the year 270. Claudius II decided that single men made better soldiers than those with wives and families, so he outlawed marriage for young, single men, who made up his military. Valentine defied Claudius and performed marriages for young couples in secret. When his actions were revealed, Claudius put him to death. Another version of the story says that Valentine was a holy priest in Rome, who helped Christians escape harsh Roman prisons where they were often beaten and tortured. Valentine was arrested and sent to the prefect of Rome for this. He found that his attempts to make Valentine renounce his faith were useless, and so recommended he be beaten with clubs, and later beheaded. This took place on February 14, 270.

According to the Catholic encyclopedia, there are at least three different Saint Valentines, all of whom are Christian martyrs of February 14. One of them is described as a priest from Rome (as mentioned above), another as bishop of Interamna (modern Terni), and the third from Africa. It was in the year 496 that Pope Gelasius officially changed the February 15 Lupercalia festival to the February 14 St. Valentine's Day to give Christian meaning to a pagan festival. The holiday became popular in the United States in the 1800's during the Civil War. After the American adoption of this day it got popularized in Europe again. In rest of the world it reached in last 50 years with the blessings of media and attractive merchandize. Many schools, universities and clubs prepare elaborate functions and parties. Many will argue that Valentine's Day is a day of joy and harmless fun. But is it really?

From an Islamic point of view Valentine's Day is wrong for the following reasons:

1. It invites people to the relentless pursuit of sexual freedom

In Islam all forms of intimacy and passion are confined to the relationship of marriage. Anything beyond this is not acceptable. The culture of promoting the satisfaction of desires and passions in an uncontrolled manner is unhealthy.

Islam recognizes that we are human and can succumb to human weakness, so it has provided strict safeguards for our own sake. The Quran mentions clearly: "Do not come near to adultery. It is a great sin and an evil way." (Surah Israa, Verse 32)

2. Valentine's Day is based on pagan culture

Cupid, the virtually naked, arrow-shooting character, which shoots people with its arrows to make them fall in love, is a remnant of Roman pagan times. Cupid is described as the son of Venus, the Roman god of love and beauty. Cupid's picture is frequently found on Valentine cards and other paraphernalia.

3. Imitation is strictly forbidden in Islam

If someone wants to celebrate it just on a family or spouses scale innocently, just to follow the tradition. It is not necessary to do it on Feb 14th. They can do it any day by exchanging gifts, love and emotions. It is because when you live in a country or a society where different traditions are followed, one feels tempted to it. Being a good Muslim It should be decided in the light of Quran and sunnah what is wrong and what is right.

Courtesy of <http://www.hamariweb.com>

## UMAA Mourns Ayatollah Sayyid Muhammad Bahr Al-Aloom

Sayyid Muhammad Bahr Al-Aloom signs the new Iraqi constitution.

(WASHINGTON DC -- April 7, 2015) UMAA mourns the loss of Ayatollah Dr. Sayyid Muhammad Bahr Al-Aloom, who passed away today in the holy city of Najaf.

Ayatollah Bahr Al-Aloom was born in Najaf in 1927 to a family of an important religious, social and political history. He graduated from the Najaf University with a degree in Religious Studies, and later received his PhD degree in Islamic Sharia from Cairo University in 1979.

Sayyid Bahr Al-Aloom was the first Iraqi cleric politician to sign the document "Democracy and Human Rights in Iraq" in 1988, which shed light on Saddam Hussein's violations against the Iraqi people.

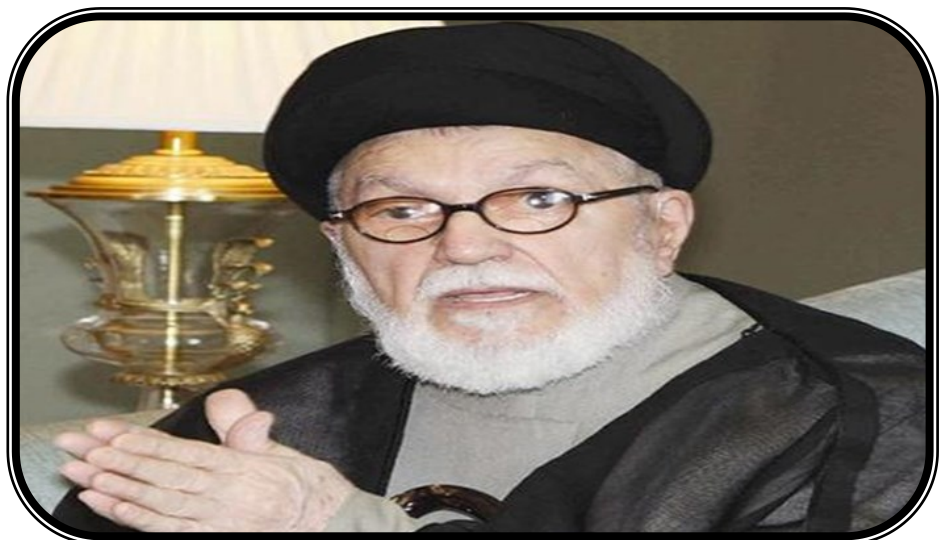
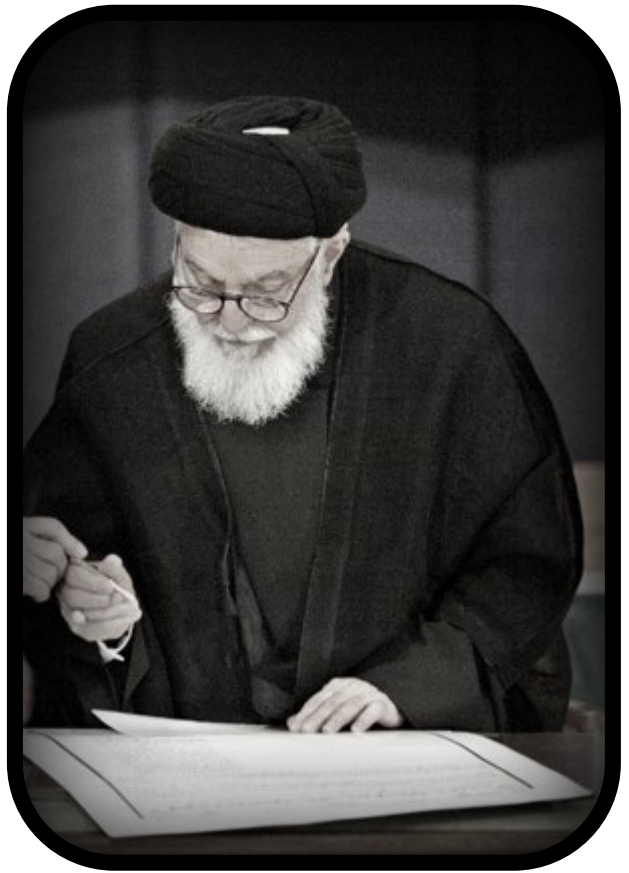
Ayatollah Bahr Al-Aloom was a longtime opponent of the rule of Saddam Hussein. By 1992 he had moved to London where he opposed Saddam's rule for many years.

He was an active member of London's Shi'a community and was the head of AhlulBayt Centre in the UK. From the early 1990s, he was a critical component of anti-Saddam activities, helping to coordinate Iraqi Shias, Sunnis, Kurds and other groups.

After Saddam Hussein was deposed in 2003, Sayyid Bahr Al-Aloom was appointed to the Iraq interim governing council. He was also appointed to the nine-member rotating presidency of Iraq. He was the first president of the council, in an interim capacity, serving in that position from July 13, 2003, until August 1, 2003.

Leaders of neighboring countries have sent their condolences to the Bahr Al-Aloom family.

Ayatollah Dr. Sayyid Muhammad Bahr Al-Aloom is survived by several children and grandchildren. Memorial services are to be held in Najaf, Iraq and Dearborn, MI, USA.



# ATTENTION ALL KHUMS DONORS

Please Ensure that you get a receipt from Marja's Office

In The Name of The Almighty

The Honourable Scholar Sayyid Murtaza Al-Kashmiri, may his achievements continue,

As-Salamu Alaikum Wa Rahmatullah Wa Barakatoh

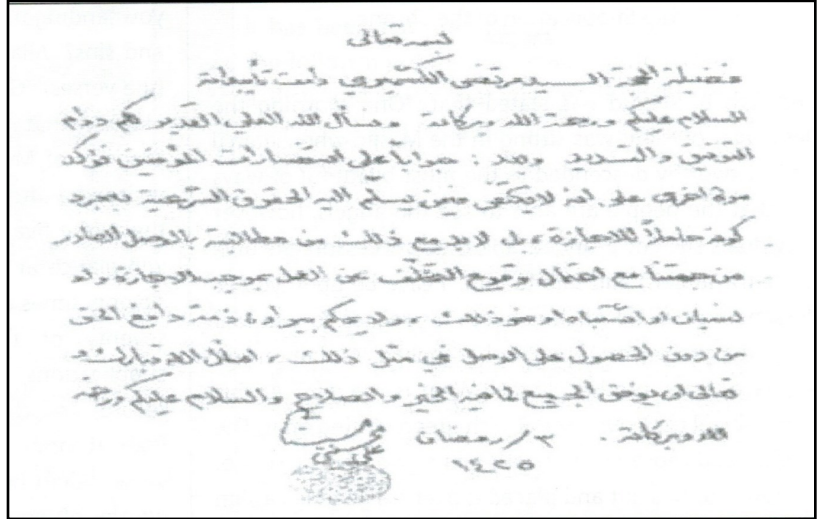
I ask Allah The Most High, The Omnipotent to always guide and support you.

In response to inquiries from Momineen, we emphasize once again that paying Islamic dues to whoever holds an authorization (Ijaza) is not sufficient. A demand for a receipt issued by must be made [to the person receiving the Islamic dues]. Bearing in mind that discrepancies in adhering to the Ijaza may occur either through forgetfulness, error or similar situations. A clear conscience by the payer (of Islamic dues) cannot be attained unless a receipt is obtained as above.

I ask Allah The Blessed The most High to grant everyone that which is good and beneficial.

Wassalamu alikum warahmatullah Wa-barakatoh

Seal and signature of Ali Al-Hussaini as-Seestani



## Dedications

This space is dedicated to readers of *Al-Haqq* and their family members who have passed away. Please recite Sura Fatiha for them and all Marhumeen

Those who would like to include names of their deceased in this section are requested to contact the Editorial Address stated in the inside front cover. There is no charge for this service.

Marhum Ayatollah Sayyid Muhammad Bahr Al-Aloom ,Najaf , Iraq.

Marhum Ayatollah Hajj Sheikh Mehdi Asefi , Najaf , Iraq.

Marhuma Zaynab Murtaza GulamHussein Moledina, Dar-Es-Salaam, Tanzania.

Marhuma Sayedda Nazmi Begum, Islamabad, Pakistan .

Marhuma Mottea Hadi (Sr.Duaa's Khala),Najaf ,Iraq.

Marhum Ibrahim Ahmadi , Afghanistan.

Marhum Masood Kazailbash ,Karachi, Pakistan .

Marhuma Kaniz Remtulla, GTA .

Marhum Mohsin Mohamed, GTA .

Marhuma Sarah Zaidi, GTA .





## *10 Common Mistakes Parents Make Today*

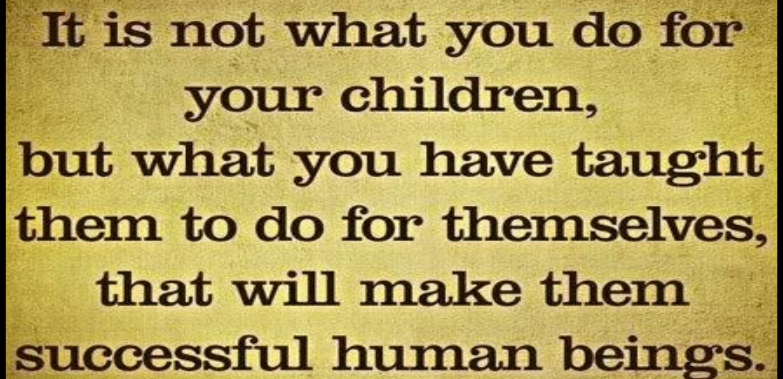
What may be ingrained in our culture is not always in the best interest of our kids

Submitted by Sr.Sabira Hudda

### Mistake #10: Worshipping our children.

Many of us today live in child-focused communities. We're raising our kids in child-focused homes. Our children love this, of course, because our lives revolve around them. And for the most part we don't mind either, because their happiness is our happiness. It thrills us to do for them, buy for them, and shower them with love and attention.

But it's important to keep in mind that our children were made to be loved, not worshipped. So when we treat them like the centre of the universe, we create a false idol, turning a good into an ultimate. Rather than kid-focused homes, we should strive for God-focused homes. Our children will still be loved, only in a better way, one that promotes selflessness over selfishness.



**It is not what you do for  
your children,  
but what you have taught  
them to do for themselves,  
that will make them  
successful human beings.**

**Ann Landers**

### Mistake #9: Believing our children are perfect.

One thing I often hear from professionals who work with children (counsellors, teachers, etc.) is that parents today don't want to hear anything negative about their kids. When concerns are raised, even concerns voiced out of love, the knee-jerk reaction is often to attack the messenger. The truth can hurt, but when we listen with an open heart and mind we stand to benefit. We can intervene early before a situation gets out of hand. It's easier to deal with a troubled child than repair a broken adult.

### Mistake #8: Living vicariously through our children.

We parents take great pride in our children. When they succeed, it makes us happier than if we'd done it ourselves. But if we're overly involved and invested in their lives, it gets hard to see where they end and we begin. When our children become extensions of us, we may see them as our second chance. Suddenly it's not about them, it's about us. This is where their happiness starts getting confused with our happiness.

### Mistake #7: Wanting to be our child's Best Friend.

When I asked a Scholar to name the biggest mistake he sees in parenting, he thought for a moment and then said, "Parents not being parents. Not stepping up to the plate to do hard things." Like everyone, I want my children to love me. I want them to sing my praises and appreciate me. But if I'm doing my job right, they'll get mad and not like me sometimes. They'll roll their eyes, moan and groan, and wish they'd been born into another family. Seeking to be our child's BF can only lead to permissiveness and choices made out of desperation because we fear losing their approval. That's not love on our end; that's need.

### Mistake #6: Engaging in competitive parenting.

Every parent has a competitive streak. All it takes to stir this monster in us is another parent giving his or her child a leg up at our child's expense. I hear these stories a lot at the junior high and high school levels, stories of broken friendships and betrayals due to one family blindsiding another family. The root of this is fear. We fear our children will get left behind. We fear that if we don't jump into the craziness, and pull out every stop to help them excel early, they'll be stuck in mediocrity the rest of their life.

Children need to work hard and understand that dreams don't come on a silver platter; they have to sweat and fight for them. But when we instill a "win at all costs" attitude, permitting them to throw anyone under the bus to get ahead, we lose sight of character. Remember - Character may not seem important in adolescence, but in adulthood it's everything.

#### **Mistake #5: Missing the wonder of childhood.**

The other day I found a Strawberry Shortcake sticker on my kitchen sink. It reminded me how blessed I am to share my home with little people. Raising small children can be hard, monotonous work. At times it's so physically and emotionally exhausting we wish they were older to make our life easier. We're also kind of curious who they'll grow up to be. What will be their passion? Will their God-given gifts be clear? As parents we hope so, for knowing which strengths to nurture enables us to point them in the right direction.

The pressures on kids start way too early. If we really want our kids to have a leg up, we need to protect them from these pressures. We need to let them have fun and grow at their own pace so that they can explore their interests without fear of failure and they don't get burned out. Childhood is a time for free play and discovery. When we rush children through it, we rob them of an innocent age they'll never pass through again.

#### **Mistake #4: Raising the child we want, not the child we have.**

As parents we harbour dreams for our children. They start when we get pregnant, before the gender's even known. Secretly we hope they'll be like us, only smarter and more talented. We want to be their mentors, putting our life experiences to good use.

But the irony of parenting is that children turn our molds upside down. They come out wired in ways we never anticipated. Our job is to figure out their inherent, God-ordained bent and train them in that direction. Forcing our dreams on them won't work. Only when we see them for who they are can we impact their life powerfully.

#### **Mistake #3: Forgetting our actions speak louder than words.**

Sometimes when my kids ask a question, they'll say, "Please answer in one sentence." They know me well, for I'm always trying to squeeze life lessons into teachable moments. I want to fill them with wisdom, but what I forget is how my example overshadows my words. How I handle rejection and adversity... how I treat friends and strangers... whether I nag or build up their father... they notice these things. And the way I respond gives them permission to act the same. If I want my children to be wonderful, I need to aim for wonderful, too. I need to be the person I hope they'll be.

#### **Mistake #2: Judging other parents -- and their kids.**

No matter how much we disagree with someone's parenting style, it's not our place to judge. Nobody in this world is "all good" or "all bad"; we're all a mix of both, a community of sinners struggling with different demons.

We never know what someone's going through or when we'll need mercy ourselves. And while we can't control judgmental thoughts, we can cut them short by seeking to understand the person instead of jumping to conclusions.

#### **Mistake #1: Underestimating CHARACTER.**

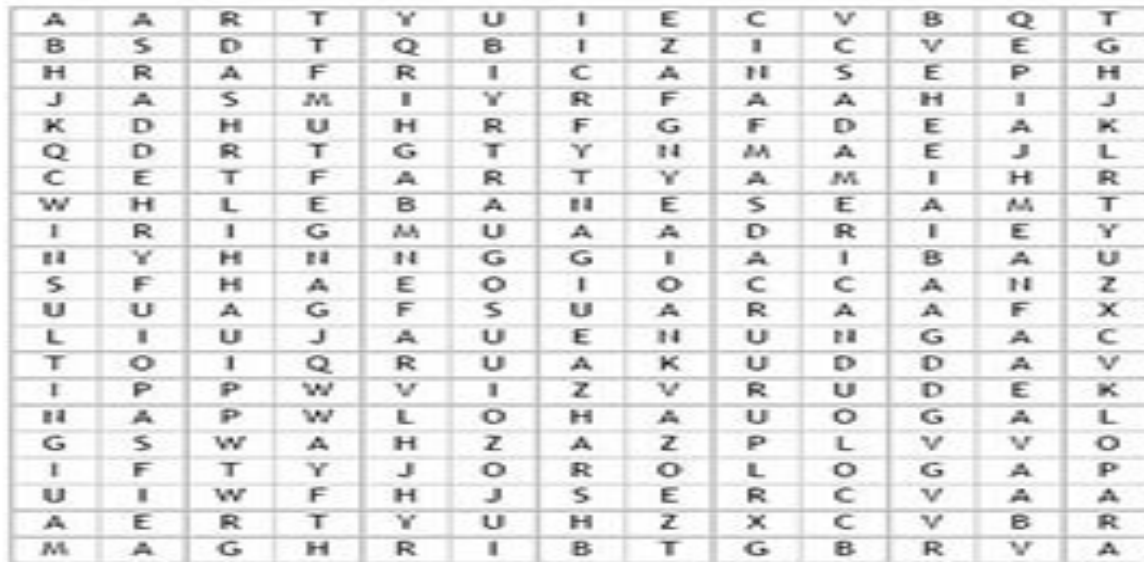
If there's one thing I hope to get right in my children, it's their CORE. Character, moral fiber, an inner compass... these things lay the foundation for a happy, healthy future. They matter more than any report card or trophy ever will. None of us can force character on our kids, and at age 10 or 15 character won't mean much.

Children care about short-term gratification, but we, as parents, know better. We know that what will matter at 25, 30 and 40 is not how far they once threw the football, or whether they made cheerleader, but how they treat others and what they think of themselves. If we want them to build character, confidence, strength and resilience, we need to let them face adversity and experience the pride that follows when they come out stronger on the other side.

It's hard to see our children fall, but sometimes we have to. Sometimes we have to ask ourselves whether intervening is in their best interest. There are a million ways to love a child, but in our quest to make them happy, let us stay mindful that sometimes it takes short-term pain to earn long-term gain.

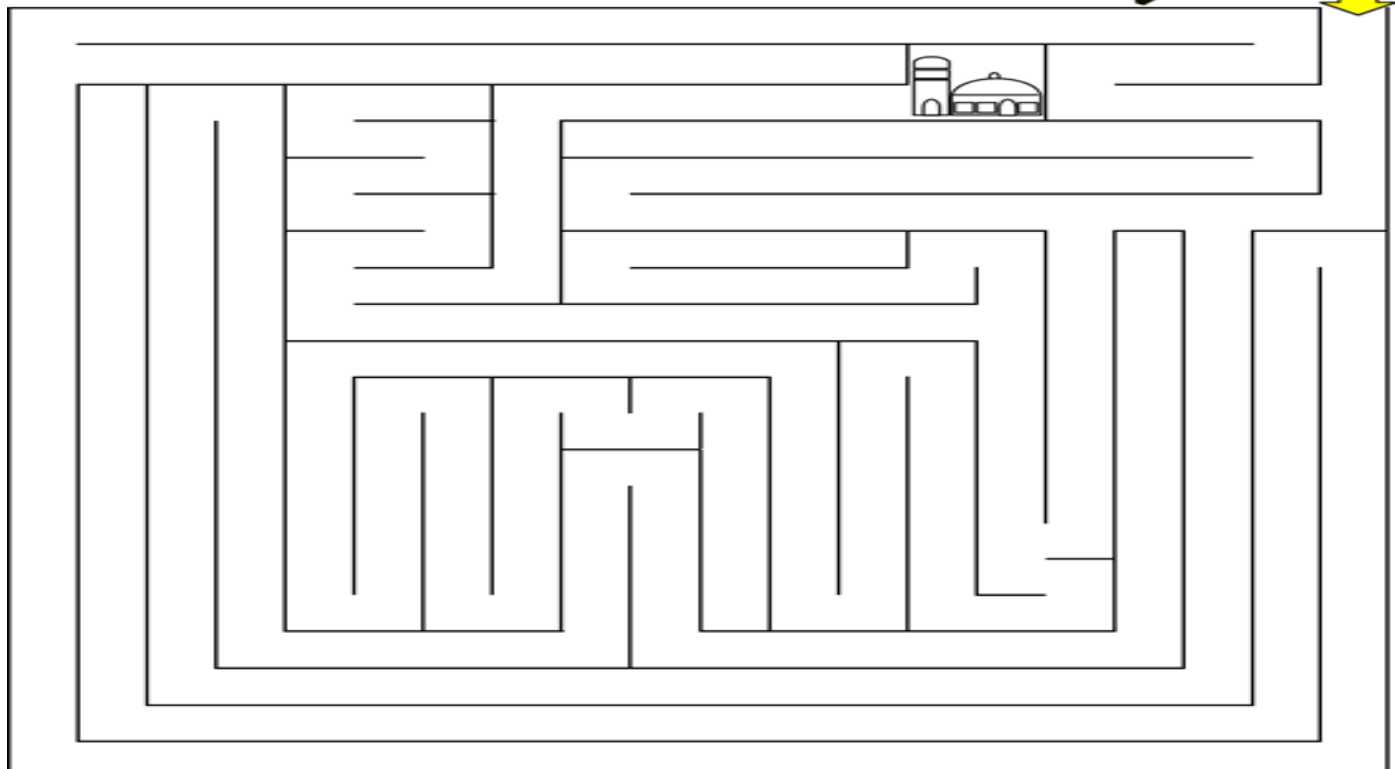
# KIDS ACTIVITY PAGE

## Islamic Word Search #002



Muslims can be of any nationality, for example	To their parents, a Muslim should NOT be	The five daily prayers
Lebanese American Italian African Chinese	Rude Harsh Vulgar Mean Insulting	Fajr Dhuhr Asr Maghrib Eisha

Help my dad get to the Masjid for Isha so he can thank Allah for his new job.



# ROQUIYA'S KITCHEN

Submitted by Sr.Duaa Al-Aghar

## Salmon Patties

### Ingredients

- ◆ 1 ½ cups cooked salmon OR canned salmon, drained
- ◆ 1 large egg, lightly beaten
- ◆ 1 small onion, finely chopped
- ◆ 1 stalk celery, finely diced
- ◆ 1 green onion, finely chopped
- ◆ 2 Tbsp fresh parsley, chopped
- ◆ 3-4 Tbsp olive oil
- ◆ ½ tsp freshly ground pepper
- ◆ 1 tsp salt to taste
- ◆ 1 cup corn meal (optional)



### Directions

Place salmon in a medium mixing bowl. Flake apart with a fork; remove any bones and skin. Add egg, onions, parsley, celery, salt and pepper; mix well. Shape the mixture into 8 patties, about 2-3 inches wide. If desired roll them in corn meal (optional).

Heat the olive oil in the pan over medium heat. Cook salmon patties until the undersides are golden, 3 to 4 minutes. Serve with lemon wedges and tartar sauce.

## Kadayif Dessert

### Ingredients

- 1 bread kadayif
- 4 ½ cups of sugar
- 2 tablespoons of lemon juice
- grated peel of 1 lemon
- cream

### Directions

1- heat 4 ½ cups of sugar with 5 cups of water in a pot and stir until the sugar dissolves, bring to a boil then add in lemon juice and lemon peel boil for 5 minutes, then remove from heat.

2- bread kadayif has two layers. remove from second layer turn it upside down and put it back on top of the other layer.

3- put the kadayif in a deep tray pour hot water over kadayif until it is completely covered. place a heavy plate on top to prevent the kadayif from rising above the water cover the tray and let sit to allow the water to be absorbed

4- once the water turns tepid, gently press the kadayif to sieve out any excess water. Pour prepared syrup over it and cook on a low heat, occasionally turning the tray and pouring in more syrup from the edge of the tray until the kadayif absorbs the syrup and gets thicker.

5- let cool then slice and remove onto serving plates. top each slice with cream

